

PALF GRADUATE SUCCESS STORIES



Javier Cárdenas, MD

Class of 2008

Cárdenas and Barrow Neurological Institute at St. Joseph's Hospital and Medical Center collaborated with the Arizona Cardinals and the Arizona Interscholastic Association to create Barrow Brainbook, an online educational module about concussion designed for the high school athlete. All Arizona high school athletes are required to pass a quiz at the end of the module before participating in any sport, and more than 300,000 Arizona high school athletes have completed the first-of-its kind.

Sarah Song, MD, MPH, FAAN

Class of 2009

Created and incorporated the Illinois State Neurological Society in 2017. The society is working to support neurologists in Illinois in a variety of ways including advocacy that affects every day clinical practice and providing convenient and locally obtainable CME.



David B. Watson, MD, FAAN

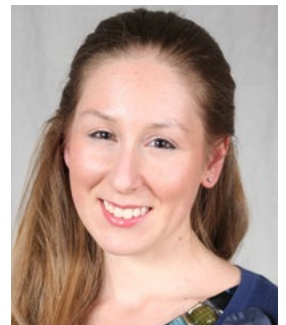
Class of 2011

Launched Runnin' for Research, a fundraising race for headache and migraine medical research in Morgantown, WV. The fundraiser has since been adopted in Louisville, KY, by Brian M. Plato, DO ('13) and Kansas City by Jennifer Bickel, MD ('12). The three have since donated over \$250,000.

Jori Fleisher, MD, MSCE

Class of 2012

Created "Kick Out PD" to provide a karate program specifically designed to help people with Parkinson's disease at five martial arts schools in the Chicago area. The initial pilot study showed that martial arts may be beneficial for individuals with Parkinson's disease by increasing mobility, balance coordination, and overall well-being.



Robert Shapiro, MD

Class of 2007

A champion for headache patients and physicians, Shapiro created Headache on the Hill in 2007. This annual advocacy event unites health professionals, migraine and cluster headache advocates, and patients to advocate for improved awareness about the impact of headache disorders and the need for research funding. Shapiro's tireless advocacy efforts resulted in CMS allowing Medicare beneficiaries with cluster headache to receive home oxygen as first-line acute therapy, a victory for many headache patients.



Mamta B. Singh, MBBS, MD, DM

Class of 2008

Pioneered epilepsy clinics on the Lifeline Express, a train hospital for the rural poor that travels throughout India's remote countryside. Singh has now hosted more than 10,000 epilepsy patients from different parts of India.

Daniel C. Potts, MD, FAAN

Class of 2008



Focused his advocacy efforts on persons with dementia at home and in residential care settings and their caregivers. Promotes person-centered caregiving models for dementia patients that incorporate expressive art therapy. Completed a \$2 million home for Caring Days, a state-of-the-art model for person-centered dementia daycare (caringdays.org). Potts created Cognitive Dynamics, a foundation to promote enhanced quality of life through expressive arts and storytelling. The program has since expanded to Chicago, IL, thanks to fellow PALF graduate Neelum Aggarwal, MD ('16).



Mia Minen, MD, MPH, FAHS

Class of 2013

Co-created a program called Headache and Arts for high school students in New York City. In the program, students learn about the brain, vision, and perception, as well as how some artists with migraine depicted the symptoms of migraine and its pain through art. The students created their own art depicting either migraine or concussion and the pain and neurologic symptoms associated, and these artworks were then displayed as a form of public health exhibitions.

Benzi Kluger, MD, MS, FAAN: Class of 2017

Claire Creutzfeldt, MD: Class of 2017

Roop Gursahani, MD, FAAM: Class of 2015

Collaborated to create the International Neuropalliative Care Society, dedicated to raising the standards of care for all people affected by neurologic illness. The society successfully held its first annual meeting in 2021.

