Sample Migraine Case Recorded in EPIC

ASSESSMENT

Common Migraine

PLAN

Explained to patient that no need of brain scan since her headache is likely the common migraine. No need for prophylactic medication since headache happens every 3-4 months

Prescribed Imitrex for abortive therapy

SUBJECTIVE

HPI: 35 y.o. right handed Caucasian female patient with pounding headache over left temple area. She stated that no warning signs before headache and lack of sleep may trigger it. Headache lasted about 5 hours and light bothers her eyes. Headache happens every 3-4 months. It at times could be relieved by ibuprofen.

Patient mentioned that she now is working for a loan company and under a lot of stress. Father had stroke when he was in 50's.

PMH

Asthma

MEDICATIONS

Current outpatient prescriptions:

- albuterol (PROVENTIL HFA, VENTOLIN HFA) 108 (90 BASE) MCG/ACT Aerosol Solution
- budesonide-formoterol fumarate (SYMBICORT) 160-4.5 MCG/ACT Aerosol

ALLERGIES:

Penicillins

OBJECTIVE:

VITALS: Blood pressure 128/78, pulse 64, resp. rate 16, weight 179 lb (81.194 kg). There is no height on file to calculate BMI.

General appearance: alert, no distress, cooperative, appears stated age

Neuro: alert, oriented x3 memory intact grossly cranial nerves II-XII intact

motor strength: full proximally and distally no involuntary movements - tremors

sensation: intact to vibration, pain, and light touch cerebellar: finger-to-nose and heel-to-shin intact

gait: normal

DATA REVIEW:

CBC: NL BMP: NL

Sample Parkinson Case Recorded in EPIC

ASSESSMENT

Parkinsonism Hypothyroidism

PLAN

Increase Sinemet to 25/100 4 x daily. Check TSH Follow up in 3 months

CC: Felt the leg tremor is getting worse

<u>HPI</u> 68 y.o.right handed Caucasian female patient with Parkinson's diagnosed 6 months ago here for follow up. Hands also are having involuntary jerking. Vision has changed and is getting blurry and seeing double at times. Walking is off balance. Fingers do not seem to work when trying to text, having trouble walking up steps, has to do one step at a time.

MEDICATIONS

Synthroid 75 mcg once daily Sinemet 25/100 TID

OBJECTIVE

VITALS: Blood pressure 130/61, pulse 86, resp. rate 16, height 5' 2" (1.575 m), weight 166 lb (75.297 kg). Body mass index is 30.35 kg/(m^2).

General appearance: alert, no distress, cooperative, appears stated age

Neuro: alert, oriented x3

Memory trouble: recalling past events, such as last two day's event and names of familial people

motor strength: full proximally and distally Tremors in both legs, worse right leg than left

No bradykinesia

Gait, mild shuffling gait, initiation of gait requires about 5 seconds. Also risk of retropulsion

Sample Stroke Case Recorded in EPIC

ASSESSMENT

TIA

DJD

Hypertension

IDDM

Hypothyroidism

Body mass index is $32.37 \text{ kg/(m}^2)$.

PLAN

Continue current medications.

Follow up in 12 months

CC: No new complaints

<u>HPI</u> 81 y.o.right handed Caucasian female patient with stroke here for follow up. Dog died and is feeling sad. Still lives alone and assumes ADLs independently.

MEDICATION

Tylenol 500 mg BID prn ASA 81 mg Daily Atenolol 25 mg BID Metformin 500 mg BID with meals

ALLERGY

Zocor

OBJECTIVE

Vitals: Blood pressure 137/80, pulse 76, resp. rate 16, height 5' 2" (1.575 m), weight 177 lb (80.287 kg). Body mass index is 32.37 kg/(m^2).

General appearance: alert, no distress, cooperative, appears stated age

Neck: no carotid bruits

Heart: regular rate and rhythm, no murmur,

Extremities: extremities normal, atraumatic, no cyanosis or edema

Gait needs walker to assist due to knee joint problem

NIH Stroke Scale

Level of consciousness	0=alert; keenly responsive	
LOC questions	0=Performs both tasks correctly	
LOC commands	0=Performs both tasks correctly	
Best Gaze	0=normal	
Visual	0=No visual loss	
Facial Palsy	0=Normal symmetric movement	
Motor left arm	0=No drift, limb holds 90 (or 45) degrees for full 10 seconds	

Motor right arm	0=No drift, limb holds 90 (or 45) degrees for full 10 seconds		
Motor left leg	0=No drift, limb holds 90 (or 45) degrees for full 10 seconds		
Motor right leg	0=No drift, limb holds 90 (or 45) degrees for full 10 seconds		
Limb Ataxia	0=Absent		
Sensory	0=Normal; no sensory loss		
Best Language	0=No aphasia, normal		
Dysarthria	0=Normal		
Extinction and Inattention	0=No abnormality		
TOTAL	0		

LAB:

BMP:

Lab Results

Component	Value	Date
GLUCOSE	181*	12/16/2015
SODIUM	138	12/16/2015
POTASSIUM	4.7	12/16/2015
CHLORIDE	104	12/16/2015
CO2VEN	24	12/16/2015
BUN	20	12/16/2015
CREATININE	0.78	12/16/2015
CALCIUM	10.0	12/16/2015